



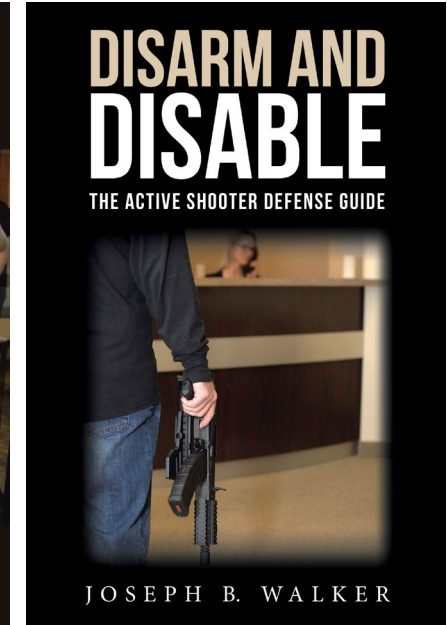
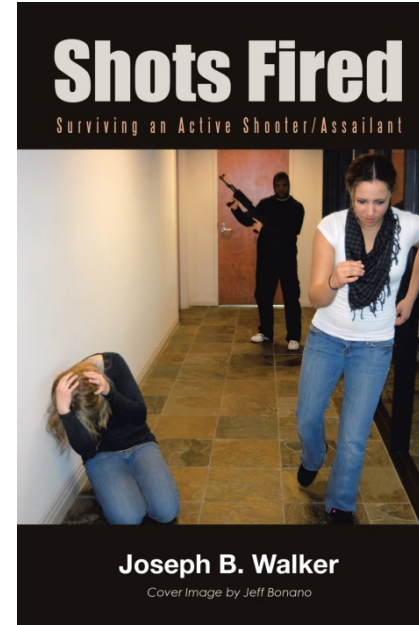
Disarm & Disable Active Shooter Defense





My Bio...

- ▶ Senior Master in the Martial Arts;
- ▶ Lieutenant with the Reno Police Department (Retired);
- ▶ **Publications:**
- ▶ **"Shots Fired"** Surviving and Active Shooter/Assailant.
- ▶ **Disarm and Disable:** The Active Shooter Defense Guide.





My Brother from another Mother...





Active Shooter crime locations...

- ▶ ***Parade in Chicago;***
- ▶ ***Aquarium in Houston;***
- ▶ ***Times Square, NY;***
- ▶ ***Cookouts (Multi states);***
- ▶ ***CHICAGO (Shooting gallery of the U.S.)***
- ▶ ***Beauty Salon; Seal Beach, Airport, Los Angeles, CA;***
- ▶ ***Post offices, Schools and Hospitals (Nationwide);***
- ▶ ***All levels of Schools (Nationwide);***
- ▶ ***Yoga studio; Tallahassee, FL***
- ▶ ***Grocery stores, Walmart's, Shopping Malls (Multi state);***
- ▶ ***Nightclubs and City street hangouts (Multi state)***
- ▶ ***Restaurants (Multi state);***
- ▶ ***Outside MLB game (Washington DC)***
- ▶ ***Where has it not happened!***



Factors and motivations of an Active Shooter...

- ▶ ***Domestic Violence;***
- ▶ ***Stalking;***
- ▶ ***Jealousy, Envy, Revenge;***
- ▶ ***Fame;***
- ▶ ***Mental Illness;***
- ▶ ***Suicide by Cop;***
- ▶ ***Extreme Anger;***
- ▶ ***Bullying;***
- ▶ ***Workplace Discipline;***
- ▶ ***Criminals;***
- ▶ ***Terrorist.***



Significant shootings...

- Oct 1, 2017 Las Vegas, NV





Significant shootings...

- **March 23, 2021, Boulder, CO;**





Significant shootings...

- **February 2, 2020 Greyhound Bus;**





Significant shootings...



- **July 17, 2021:**
Washington Nationals;
- **Outside ballpark;**
- **4 shot**
- **Aug 6, 2021**
- **Denver Coors Field**
- **2 shot**





Shooting Averted...



- Jan 15, 2020
- 21-year-old Ohio (**INCEL**) posted;
- Surveilled and planned mass shooting of women at a University in Ohio;
- Similar to 2014 Santa Barbara shooting;
- Manifesto indicated he wanted to kill out of hatred, jealousy and revenge;
- Blame women for denying him sex;
- Warrant revealed a firearm with a bump stock, pistol, ammo, and body armor.



Shooting Averted...

- **July 4, 2021:**
Chicago Navy Pier
- **Window sill of room 1208;**
- **Rifle, scope, loaded magazines, handgun.**





Shooting Averted...



- **July 2021: All Star Game, Denver, CO**
- **After a request of a room with a balcony;**
- **Discovered in the room were:**
- **Dozens of weapons;**
- **Hundreds of rounds;**
- **Suspects said it was a Drug and gun deal?**



Shooting Averted...



- **July 2021: San Francisco, CA**
- **Near Bayview District;**
- **Illegal Exhibition of speed (Street Racing)**
- **The armed person did not fire!**



Unarmed Tactics Proven...

- April 22, 2018 Antioch, TN;





Unarmed Tactics Proven...

- ▶ June 29, 2021 1:00 am
Portland, OR
- ▶ Shots fired outside
apartment building with
handgun and AR-15;
- ▶ Resident snuck up and
using a stick;
- ▶ Beat the armed suspect
and disarmed him;
- ▶ He and others hogtied
the suspect.





Armed Tactics Proven...

- **December 29, 2019 West Freeway Church, TX**





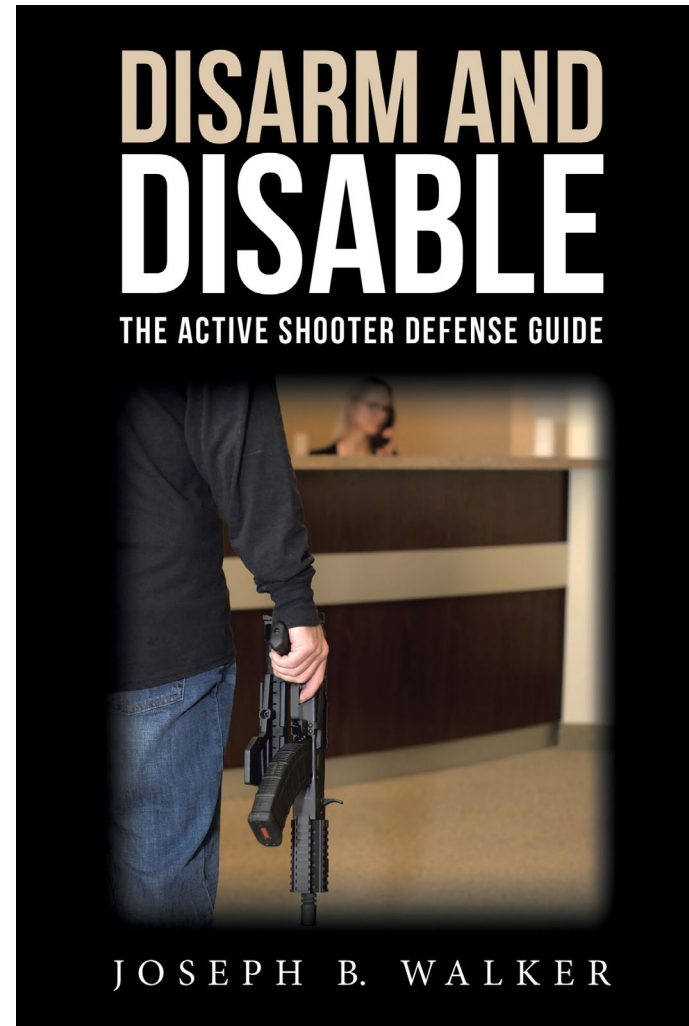
Workplace Safety Protocols/Policies...

- ▶ **Do have a protocol for:**
- ▶ **Discipline of moderate to major infraction/violation;**
- ▶ **Escalating and potentially violent employee;**
- ▶ **Alerting others to extreme danger;**
- ▶ **Accounting for all employees.**
- ▶ **What is your policy for:**
- ▶ **Possession of a deadly weapon;**
- ▶ **Workplace Violence;**
- ▶ **Sexual harassment;**
- ▶ **Admin leave with/without pay.**



16 Deadly Errors...

- ▶ Any one or more could result in you not surviving an attack...





Failure to **Industry** to Conduct proper training...

- ▶ Other than hide and pray, what can you do to save your life?
- ▶ Truth about Table top training;
- ▶ Practical" exercises?
- ▶ All training should cover life-saving techniques;
- ▶ Bleeding control training.





Failure for **Schools** to conduct proper training...

- ▶ Should never include students;
- ▶ Only "Convenient" times;
- ▶ Train faculty and staff;
- ▶ Train for vulnerable times:
- ▶ Students going to and from class;
- ▶ Lunch and recess;
- ▶ Fire drills;
- ▶ End of day





Bureaucratic Paralysis...

- ▶ Management in any organization who either:
- ▶ Prohibit;
- ▶ Hinder;
- ▶ Refuse to accept ideas;
- ▶ Keeps employees from defending themselves?
- ▶ INNOVATIVE IDEA!





Lack of Situational Awareness...

- ▶ Being distracted in public;
- ▶ Take in the environment around you;
- ▶ What visual cues are you picking up or missing?
- ▶ Just look next time you're in public...





Failure to recognize Danger Signs...

- ▶ What is present that should not be there?
- ▶ Sights and sounds.
- ▶ What is missing that should be there?





Failure to notice armed person/assailant...

- ▶ Often entering facility with gun in hand;
- ▶ Wearing other items;
- ▶ Handgun or long gun;
- ▶ What actions should you take?





Mistaking gunshots for other sounds...

- ▶ Sometimes mistaken for car backfire, hammering, etc.;
- ▶ Know what gunshots sound like!





Neglecting signs of commotion...

- ▶ What are sounds of commotion;
- ▶ What do you need to see to convince you?





Improper Responses...

- ▶ Fight;
- ▶ Flight;
- ▶ Freeze.
- ▶ Which one will you do?





Improper Responses...

- ▶ **Don't be this guy!**





Failure to Act...

- ▶ When **potential danger** is present;
- ▶ No action taken by those in control.





Failure to know your exits and environment...

- ▶ No matter where you go...
- ▶ Movie Theatre warning.





Improper Use of Cover...

- ▶ 1950's into this year;
- ▶ Temporary Cover;
- ▶ Must be able to fight;
- ▶ Look to move ASAP.





Failure to learn last resort techniques...

- ▶ **Wrong tool – wrong time;**
- ▶ Designed to address the threat;
- ▶ Must be Practical, Easy and Effective!





Failure to have the proper equipment...

- ▶ Armed Response:
- ▶ Sufficient caliber;
- ▶ Access to holster;
- ▶ Additional ammo;
- ▶ Flashlight;
- ▶ Cell phone;
- ▶ Hands free calling;
- ▶ Identify **you** are the good guy!





Failure to recognize and exploit shooter's weaknesses...

- ▶ Reloading, during transition or out of shooter's vision!





Unwillingness to engage the shooter...

- ▶ Shooter is known to the victim;
- ▶ Shooter's Physical appearance (age, gender, etc.)
- ▶ Mistaken belief of negotiating;
- ▶ **Ability** and **confidence** of defender.





Reluctance to use Deadly Force...

- ▶ Do you know the law?
- ▶ Do you have the ability and mentality?
- ▶ Traditional, Environmental or Improvised weapons.





Failure to prepare for the arrival of law enforcement...

- ▶ 6/25/21 Arvada, CO police officer ambushed and killed,
- ▶ By stander springs into action,
- ▶ Shot suspect with his concealed firearm;
- ▶ **Picks up suspect's AR-15;**
- ▶ Shot by responding officer who mistook him for the suspect.





Personal Survival Plan...

1. At least "two" avenues of evacuate;
2. At least "two" places to Shelter and Hide/Fight (**Your secrets**)
3. Improvised Defensive Weapons;
4. Know weapons disarming techniques and being **physically fit**;
5. People *you can rely on* to help;
6. Code word for family;
7. Designated "**Family**" reunification plan (location and communication).



Shots Fired Fight Strategies...

- ▶ **Run – Hide – Fight;**
- ▶ **Should actually be:**
- ▶ **Run – Hide – Ambush!**



Active Shooter Defense Tactics...

- ▶ **Silence all cell phones;**
- ▶ **Text ability to 9-1-1?**
- ▶ **Arm up with Improvised defensive weapons;**
- ▶ **Positions...**
- ▶ **Using concealed firearms;**
- ▶ **Armed Shielding...**





Tape Loop...

- ▶ **Once the adrenalin leaves;**
- ▶ **Once you relax;**
- ▶ **Once you are alone;**
- ▶ **Tape loop begins;**
- ▶ **Add or delete information;**
- ▶ **Will change information;**
- ▶ **Rely on who you really are!**





Active Shooter Defense Techniques...

- ▶ **Physical Defensive Techniques:**
- ▶ **360 degree weapons disarms;**
- ▶ **Incapacitation techniques;**
- ▶ **Open area and Room Defense strategies.**





Active Shooter Defense Techniques...

- ▶ **Physical Defensive Techniques:**
- ▶ **Long gun disarms;**
- ▶ **Single person and team disarms;**
- ▶ **Ambush techniques...**





Active Shooter Defense Site Assessment...

- ▶ **Observations of worksite to uncover:**
- ▶ **Site vulnerabilities;**
- ▶ **Current Physical Security posture;**
- ▶ **Alarm system;**
- ▶ **Surveillance;**
- ▶ **Doors, windows, glass, public areas, secure areas;**
- ▶ **Areas for improvement;**
- ▶ **Written report.**





Additional Training Opportunities...

**LEADING EDGE
THREAT MITIGATION**



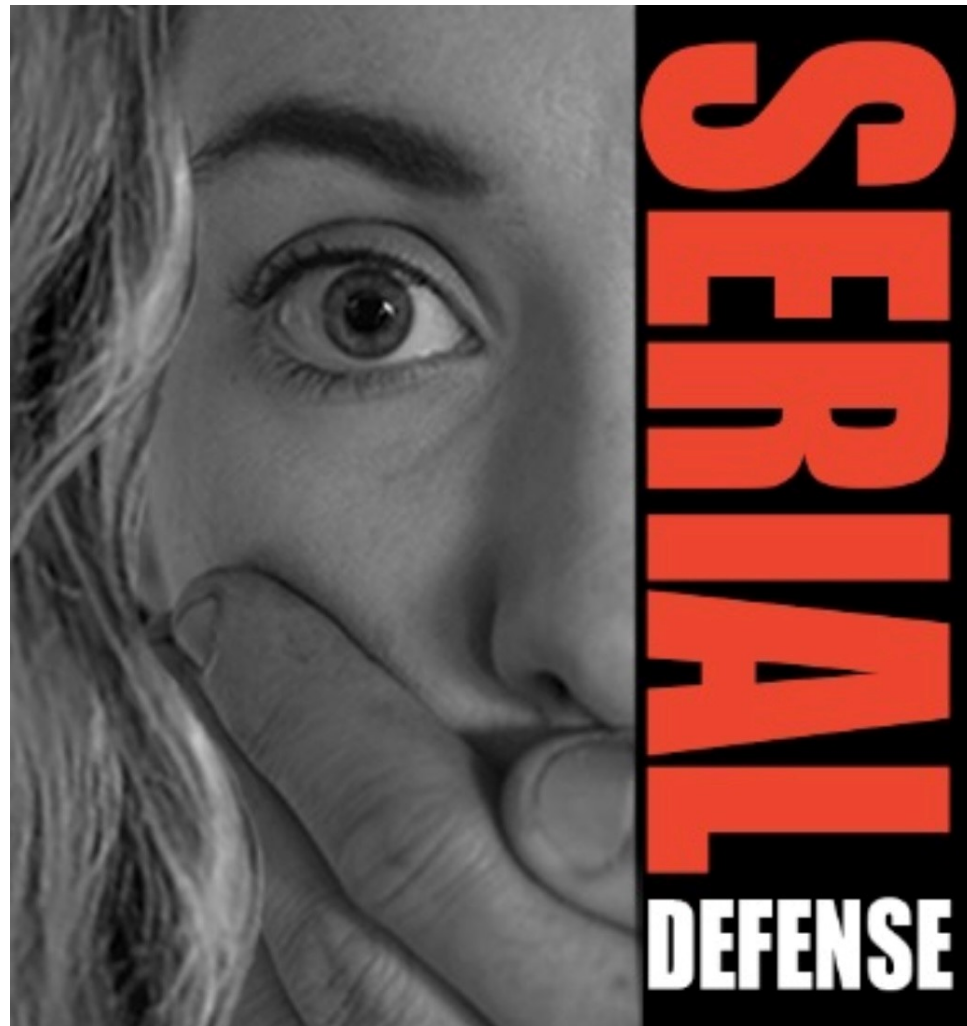
**Active Shooter Defense and
Street Defense Courses for
Corporate, Business, Civilian,
and Public and Private Schools**





New this year!

- ▶ **True Crime Enthusiasts ®**
- ▶ **Podcast and Website;**
- ▶ **Serial Killers and Serial Sex offenders;**
- ▶ **Unique approach...**
- ▶ **SerialDefense.com**
- ▶ **Presentation: Tomorrow: 11am**
- ▶ **"Killer Couples"**





Thank you...

- ▶ **For your time and attention.**
- ▶ **Contact information:**
- ▶ **joey@disarmanddisable.com**
- ▶ **joey@serialdefense.com**